

CEROC MIDLANDS PRESENTS



# CEROC Midlands

## Modern Jive and Salsa

**A fantastic night for dance lovers!**

Learn Ceroc, the UK's largest and fastest growing, Modern Jive and Salsa class, at our weekly venues at Telford, Stafford, Walsall, Cannock, Wolverhampton and Stoke-on-Trent (Midland Champs).

No need to bring a partner  
Excellent atmosphere  
Music from the '40's to the '10's  
Complete beginners always welcome



Admission only £5 (first four visits)  
Free membership  
Free beginners moves DVD (second visit)

**For further details contact:**

Mike Allsopp  
Tel: 07990 554459  
Email: cerocmidlands@aol.com

visit [www.cerocmidlands.co.uk](http://www.cerocmidlands.co.uk)

JOIN US AT OUR NEW CLASS IN  
**WOLVERHAMPTON**

**PARTY**  
YOURSELF  
INTO **SHAPE**



The Latin-inspired easy-to-follow  
calorie burning, fitness party™.  
Feel the music and let loose.



For class details contact your licensed Zumba instructor:  
**Top Instructor Pauline Bennett ('Jazzi P')**

JOIN THE  
**party**

**Join us at our new class in Wolverhampton**

Starts Thursday 5th January 2012 Pavilion Club, Stafford Rd WV10 6AJ  
Free Membership Class. 6.15pm - 7.15pm  
Tel: 07417 805782 or 07990 554459 for bookings

[zumba.com](http://zumba.com)

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